

# NEIGHBOUR TOES

## Youth Exchange InfoPack

### Program

#### Wednesday, July 1

Travel to Sozopol  
Arrival of participants

#### Thursday, July 2

Ice breaking, project presentation,  
outdoor labyrinth & Intercultural  
party

#### Friday, July 3

Mission Impossible & City Game

#### Saturday, July 4

Hike & Campfire

#### Sunday, July 5

Hike & Dinner

#### Monday, July 6

Cultural day

#### Tuesday, July 7

Sport & beach games

#### Wednesday, July 8

Sport & beach games, farewell  
party

#### Thursday, July 9

Facebook Live & project eval.

#### Friday, July 10

Departure of participants

### Venue

#### Zlatna Ribka

#### 'Golden Fish Royal' Campsite

Sozopol, 8130, Bulgaria

w: <http://www.zlatna-ribka.com>

p: +359 550 22 534

GPS: 42° 24' 29.1" N  
27° 40' 24.2" E



Dear participants of the Neighbour Toes Youth Outdoor Exchange. July 1st is rapidly approaching, and we're really looking forward to seeing you all in Sozopol. In this info pack you'll find some important information for your preparation.

As you can read in the packing tips, you are requested to take something with you from your home town. In addition, one of your leaders could ask you to prepare an activity or presentation for the exchange. Take this seriously, but more important: enjoy your time preparing!

*That's all!*

*Johannes, Leanne, Didar, Shirin, Igor, Jola, Jeroen, Dana, Nico*

## Join our Facebook Group!

Read the latest information, write your stories,  
and share it to the world.

[facebook.com/groups/neighbour.toes](https://facebook.com/groups/neighbour.toes)

Give it to your parents, siblings, friends, classmates, and let them all see how much fun you have during the exchange!

## Participants

Participants age: 15-19 years.

### Scouting 't Volbert, Enschede, The Netherlands

18 participants, 3 leaders

### Sporten Klub Chempiyans Faktori, Sofia, Bulgaria

16 participants, 2 leaders

### Instytut Dziedzictwa, Kruszwica, Poland

8 participants, 2 leaders

### Asociația Economeq, Drobeta Turnu Severin, Romania

15 participants, 2 leaders

## Contact

### Johannes de Boer MSc.

p: +316 22 49 05 07

m: johannes@volbert.nl

s: hannesnl

f: [fb.me/johannes.deboer](https://fb.me/johannes.deboer)

## Reimbursements

According to the new rules within Erasmus+ we will reimburse part of the travel costs based on the cheapest possibility. The maximum reimbursement is based on the travel distance of your group, and can be found in the Erasmus+ manual.

70% of the costs will be reimbursed upon receipt of all original travel documents and invoices. The remaining 30% of the costs will be reimbursed after receipt of the evaluation, proof of dissemination, and completion of the project in December 2015.

Please send your receipts to:

Scouting 't Volbert  
p/a Johannes de Boer  
Perikplein 81  
NL-7512 JB Enschede  
The Netherlands

## Facilities

- Tents are provided by the organisations participating in the youth exchange. All other sleeping materials you need to provide for yourself.
- On the campsite there is a small supermarket, a bakery and a sport store.
- Breakfast, lunch and dinner will be provided for.
- Wireless Internet access (WiFi) is available at the venue.

## Packing tips

- Lightweight sleeping bag & mattress
- Swimming pants / Swimsuit
- Something typical from your city (food, drinks, dance costumes, presentation, story, etc.)
- A picture of your family
- Your favourite meal-preparation-thingy (like herbs, knife, bowl)
- Warm clothing for campfire and nightly adventures
- Pocket money
- Sun cream, hat or cap, sun glasses
- Backpack suitable for a 2 day hike (30-60 liters)
- Enough free space to take some souvenirs back home.

## Objectives of the exchange

- Increased self-empowerment and self-esteem
- Improved foreign language competences
- Enhanced intercultural awareness
- More active participation in society
- Better awareness of the EU and EU values
- Increased motivation for taking part in future education or training



**Neighbour Toes is a non-alcoholic youth exchange!**